

Help your child make healthy habits an important and FUN part of everyday life!

Healthy monsters eat fruit every day!  
Fruit has vitamins that help you grow.



Circle the fruits that Elmo could put in his fruit salad.



For more educational activities like this, look for the Happy Healthy Monsters workbooks from Learning Horizons—visit [www.learninghorizons.com](http://www.learninghorizons.com) or call 1-800-532-8876 for additional information.